

OCTOBER 2018

LAGUNA BEACH HIGH SCHOOL

MONDAY

1
MEATLESS MONDAY
SPECIAL OF THE DAY
SPAGHETTI
W/MMARINARA SAUCE

VEGETARIAN GREEK SALAD
CHICKEN CAESAR SALAD

8
MEATLESS MONDAY
SPECIAL OF THE DAY
BOSCO'S BREADSTICKS
W/MARINARA SAUCE

SOUTHWESTERN SALAD
CHICKEN CAESAR SALAD

15
MEATLESS MONDAY
SPECIAL OF THE DAY
MAMA'S
MAC & CHEESE (V)

GARDEN SALAD
CHICKEN CAESAR SALAD

22
MEATLESS MONDAY
SPECIAL OF THE DAY
BOSCO'S BREADSTICKS
W/MARINARA SAUCE

VEGETARIAN GREEK SALAD
CHICKEN CAESAR SALAD

29
MEATLESS MONDAY
SPECIAL OF THE DAY
SPAGHETTI
W/MMARINARA SAUCE

SOUTHWESTERN SALAD
CHICKEN CAESAR SALAD

TUESDAY

2
SPECIAL OF THE DAY
CHICKEN FAJITA
BURRITO

VEGETARIAN GREEK SALAD
CHICKEN CAESAR SALAD

9
SPECIAL OF THE DAY
CHICKEN STRIPS
W/OVEN POTATOES

SOUTHWESTERN SALAD
CHICKEN CAESAR SALAD

16
SPECIAL OF THE DAY
CHICKEN FAJITA
BURRITO

GARDEN SALAD
CHICKEN CAESAR SALAD

23
SPECIAL OF THE DAY
BAKED CHICKEN
WITH BROWN RICE

VEGETARIAN GREEK SALAD
CHICKEN CAESAR SALAD

30
SPECIAL OF THE DAY
BBQ PULLED PORK
ON WHOLE GRAIN BUN

SOUTHWESTERN SALAD
CHICKEN CAESAR SALAD

WEDNESDAY

3
SPECIAL OF THE DAY
BAKED CHICKEN
WITH BROWN RICE

VEGETARIAN GREEK SALAD
CHICKEN CAESAR SALAD

10
SPECIAL OF THE DAY
BBQ PULLED PORK
ON WHOLE GRAIN BUN

SOUTHWESTERN SALAD
CHICKEN CAESAR SALAD

17
SPECIAL OF THE DAY
CHICKEN STRIPS
W/OVEN POTATOES

GARDEN SALAD
CHICKEN CAESAR SALAD

24
SPECIAL OF THE DAY
BBQ PULLED PORK
ON WHOLE GRAIN BUN

VEGETARIAN GREEK SALAD
CHICKEN CAESAR SALAD

31
SPECIAL OF THE DAY
CHILI WITH
CORN MUFFIN

SOUTHWESTERN SALAD
CHICKEN CAESAR SALAD

THURSDAY

4
SPECIAL OF THE DAY
PICK UP STIX
HOUSE CHICKEN

VEGETARIAN GREEK SALAD
CHICKEN CAESAR SALAD

11
SPECIAL OF THE DAY
PICK UP STIX
HOUSE CHICKEN

SOUTHWESTERN SALAD
CHICKEN CAESAR SALAD

18
SPECIAL OF THE DAY
PICK UP STIX
HOUSE CHICKEN

GARDEN SALAD
CHICKEN CAESAR SALAD

25
SPECIAL OF THE DAY
PICK UP STIX
HOUSE CHICKEN

VEGETARIAN GREEK SALAD
CHICKEN CAESAR SALAD

FRIDAY

5
SPECIAL OF THE DAY
Z PIZZA
CHEESE PIZZA (V) or
PEPPERONI PIZZA

CHICKEN CAESAR SALAD

12
SPECIAL OF THE DAY
Z PIZZA
CHEESE PIZZA (V) or
PEPPERONI PIZZA

CHICKEN CAESAR SALAD

19
SPECIAL OF THE DAY
Z PIZZA
CHEESE PIZZA (V) or
PEPPERONI PIZZA

CHICKEN CAESAR SALAD

26
SPECIAL OF THE DAY
Z PIZZA
CHEESE PIZZA (V) or
PEPPERONI PIZZA

CHICKEN CAESAR SALAD

A La Carte

100% All Beef Hamburger
100% All Beef Cheeseburger
BBQ Bacon Burger
Beef Hot Dog
Popcorn Chicken
& Corn Muffin
Spicy Chicken Sandwich
Crispy Chicken Sandwich
Bean & Cheese Burrito
Turkey and Swiss
Sandwich w/Fresh Fruit
Ham and Swiss
Sandwich w/Fresh Fruit
Chicken Caesar Salad & Roll
Salad Special of the Week

MEAL PRICE \$ 3.90
ADULT MEAL \$4.40

INCLUDES
AND A VARIETY OF FRESH
ORGANIC FRUITS AND VEGETABLES
FROM OUR FRESH FRUIT & SALAD BAR
CHOICE OF MILK

School News

**NUTRITION
SERVICES
FEATURING
SALAD BARS WITH
FRESH, SEASONAL,
ORGANIC FRUITS
AND VEGETABLES**

497-7700 x5216 or email
dappel@lbusd.org

Please take a minute to check out the
Nutrition Services website
www.lbusd.org

GOING GREEN ONLINE MENUS



ONLINE DEPOSIT
WITH e-Funds

"This institution is an equal
opportunity provider"

DID YOU KNOW...

October comes from the Latin
word "octo" which means eight.